

# relationship IQ

**Do you have young adults in your church? Do you wonder how to engage them with the church?  
Do you wish you could help them more?**

## **Relationship IQ® (rIQ) is designed for you.**

It is a ministry resource that helps young adults develop healthy relationships with God and others. Young adults are looking for **authentic community**. Community is built through relationships. rIQ provides a natural way to meet young adults' relational needs, build real relationships, and journey together as the body of Christ.

Relationship IQ is an **evangelism and discipleship tool** that you can custom fit to your church's existing structure, your audience, and your unique needs. It can be implemented by **professional or lay leaders**.

There is no need to start an entirely new program, though if you are looking to start a young adult ministry rIQ is a great tool for that as well.



The program is psycho-educational in nature—meaning participants learn **relationship skills** and concepts that can be applied to their lives—it is not therapy. You can discuss dating in a small group, present material about meaningful friendships to an audience of 300, or chat one-on-one about healthy boundaries. The detailed lessons provide essential information about healthy relationships, and the suggested delivery formats equip you with multiple ways to connect. When we say “relationships,” we mean ALL relationships—connections with God, friends, family, co-workers, professors, roommates, and romantic partners.



Although **what** we teach is of ultimate importance, we believe that the process—**how** we communicate and teach about relationships—is just as important when working with young adults. Relationship IQ provides a powerful method of talking about relationships with young adults. We use a variety of methods to reach people with a **variety of learning styles**. rIQ provides opportunities for God's work of transformation through interaction, activities, discussion, and personal application. The *Relationship IQ Leader's Manual*, training and interaction with your rIQ Trainer will equip you with the skills and tools to lead eye-opening and **life-changing conversations**.

We want rIQ to be a tool for you, and we can help you learn how to use it to its full potential for your setting and your audience. You decide what works for you and implement as much or as little of the program as you have the time, energy, resources, and calling to do. The **transformation in young adults** lives through rIQ has amazed us, and we want to share this program because we believe your church and young adults can benefit in the same way.

For more information visit [relationshipIQ.org](http://relationshipIQ.org) or contact Hannah Parmelee, Relationship IQ Director, Boone Center for the Family, Pepperdine University, [hannah.parmelee@pepperdine.edu](mailto:hannah.parmelee@pepperdine.edu), 310.506.8551