

relationship IQ

**Want to see your students succeed in all areas of life? Do they struggle with relationships?
Do you wish you could help them more?**

Relationship IQ (rIQ) is designed for you.

It is a ministry resource that helps young adults develop healthy relationships. Relationship success is critical professionally and personally. Equip your students with the tools they need to thrive.

Relationship IQ is a resource that you can custom fit to your school's existing structure. rIQ **enhances what you are currently doing** and does not require new staff to implement. To educate your students relationally, there is no need to reinvent the wheel; you can use a resource that has been successful at Pepperdine University for ten years.



The program is **psycho-educational** in nature—meaning participants learn relationship skills and concepts that can be applied to their lives—it is not therapy. You can discuss dating in a small group, present material about meaningful friendship to an audience of 300, or chat one-on-one about healthy boundaries. The detailed lessons provide essential information about healthy relationships, and the suggested delivery formats equip you with multiple ways to connect. Relationship IQ provides a powerful method of talking about relationships with young adults. When we say “relationships,” we mean ALL relationships—connections with God, friends, family, co-workers, professors, roommates, and romantic partners.



Although **what** we teach is of ultimate importance, we believe that the process—**how** we communicate and teach about relationships—is just as important when working with young adults. In rIQ, we use a variety of methods to reach people with a **variety of learning styles**. rIQ provides opportunities for **God's work of transformation** through interaction, activities, discussion, and personal application. Relationship discussions frequently open doors to conversations about relationship with God, making rIQ an excellent **evangelism tool**. It also dives deeper into the two greatest commandments – love God and love others, making rIQ a **discipleship tool** as well. The *Relationship IQ Leader's Manual*, training, and interaction with your rIQ trainer will equip you with the skills and tools to lead eye-opening and life-changing conversations.

We want rIQ to be a tool for you, and we can help you learn how to use it to its full potential for your setting and your audience. You decide what works for you and implement as much or as little of the program as you have the time, energy, resources, and calling to do. The results we have seen from using rIQ at Pepperdine University have amazed us, and we want to share this program because we believe you can benefit in the same way.

For more information visit relationshipIQ.org or contact Hannah Parmelee, Relationship IQ Director, Boone Center for the Family, Pepperdine University, hannah.parmelee@pepperdine.edu, 310.506.8551