

# relationship IQ

## WHAT IS RELATIONSHIP IQ?

Are you connected to young adults? Do you wonder how to connect them with the church? Do you wish you could help them more? Relationship IQ (rIQ) is designed for you. It is a ministry resource that helps young adults develop healthy relationships with God and others. Young adults are looking for authentic community. Community is built through relationships. rIQ provides a natural way to meet young adults' relational needs, build real relationships, and journey together as the body of Christ.

Relationship IQ provides a powerful method of talking about relationships with young adults. When we say "relationships," we mean ALL relationships—connections with God, friends, family, co-workers, professors, roommates, and romantic partners. The program is psycho-educational in nature—meaning participants learn relationship skills and concepts that can be applied to their lives—it is not therapy.

Relationship IQ is a whole-ministry package that you can custom fit to your church's existing structure, your audience, and your unique needs by choosing from a variety of teaching modules and delivery formats. You can discuss dating in a small group, present material about meaningful friendships to an audience of 300, or chat one-on-one about healthy boundaries. The detailed lessons provide essential information about healthy relationships, and the suggested delivery formats equip you with multiple ways to connect.

Although **what** we teach is of ultimate importance, we believe that the process—**how** we communicate and teach about relationships—is just as important when working with young adults. In rIQ, we use a variety of methods to reach people with a variety of learning styles. rIQ provides opportunities for God's work of transformation through interaction, activities, discussion, and personal application. The rIQ Leader's Manual, training and interaction with your rIQ consultant will equip you with the skills and tools to lead eye-opening and life-changing conversations.

We want rIQ to be a tool for you, and we can help you learn how to use it to its full potential for your setting and your audience. You decide what works for you and implement as much or as little of the program as you have the time, energy, resources, and calling to do.

The transformation in young adults lives through rIQ has amazed us, and we want to share this program because we believe your church and young adults can benefit in the same way.

### **rIQ Training Date: February 1, 2013 – 9am to 4pm, Malibu, CA**

rIQ training will equip you to help young adults relationally. The six hour training is led by Relationship IQ Director, Hannah Parmelee. As part of the training you will receive a Relationship IQ Leader's Manual, certification as a rIQ Instructor, ideas of how to implement this at your church, and a powerful tool that makes an enormous difference in the lives of young adults. Contact Hannah Parmelee to register for the training.

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